















## COMPETITION / EVENT

	ATHLETICS 	BASKETBALL 	BOCCE 	BOWLING 	FLAG FOOTBALL 	GOLF 	GYMNASTICS 	POWER LIFTING 	SOCCER 	SOFTBALL 	STANDUP PADDLE BOARD 	SWIMMING 	TENNIS 	VOLLEYBALL 
<b>MONDAY</b> 7/2/18	8:00 a.m. - 5:30 p.m.	8:00 a.m. - 8:30 p.m.	8:00 a.m. - 6:00 p.m.	9:00 p.m. - 12:00 p.m.	8:00 a.m. - 4:30 p.m.	8:00 a.m. - 2:00 p.m.	9:00 a.m. - 12:30 p.m.	8:00 a.m. - 2:00 p.m..	8:00 a.m. - 3:00 p.m.	8:00 a.m. - 3:30 p.m.	8:00 a.m. - 12:00 p.m.	8:00 a.m. - 4:00 p.m.	8:00 a.m. - 6:00 p.m.	10:00 a.m. - 3:30 p.m.
<b>TUESDAY</b> 7/3/18	8:00 a.m. - 5:00 p.m.	8:00 a.m. - 5:00 p.m.	8:00 a.m. - 9:00 p.m.	9:00 p.m. - 12:00 p.m.	8:00 a.m. - 3:30 p.m.	8:00 a.m. - 2:00 p.m.	9:00 a.m. - 4:00p.m.	8:00 a.m. - 9:00 p.m.	8:00 a.m. - 2:00 p.m.	8:00 a.m. - 2:00 p.m.	8:00 a.m. - 12:00 p.m.	8:00 a.m. - 3:00 p.m.	8:00 a.m. - 9:00 p.m.	9:00 a.m. - 2:30 p.m.
<b>WEDNESDAY</b> 7/4/18	8:00 a.m. - 5:00 p.m.	8:00 a.m. - 5:00 p.m.	8:00 a.m. - 5:00 p.m.	OFF	8:00 a.m. - 3:30 p.m.	8:00 a.m. - 2:00 p.m.	9:00 a.m. - 1:00 p.m.	OFF	8:00 a.m. - 1:00 p.m.	OFF	OFF	8:00 a.m. - 3:00 p.m.	8:00 a.m. - 4:00 p.m.	9:00 a.m. - 2:30 p.m.
<b>THURSDAY</b> 7/5/18	8:00 a.m. - 5:00 p.m.	8:00 a.m. - 5:00 p.m.	8:00 a.m. - 5:00 p.m.	9:00 p.m. - 12:00 p.m.	8:00 a.m. - 3:30 p.m.	OFF	9:00 a.m. - 4:00 p.m.	7:00 a.m. - 2:00 p.m.	8:00 a.m. - 12:00 p.m.	8:00 a.m. - 3:30 p.m.	OFF	8:00 a.m. - 3:00 p.m..	8:00 a.m. - 4:00 p.m.	9:00 a.m. - 12:30 p.m.
<b>FRIDAY</b> 7/6/18	8:00 a.m. - 12:30 p.m.	8:00 a.m. - 12:30 p.m.	OFF	OFF	OFF	OFF	OFF	7:00 a.m. - 12:00 p.m.	OFF	OFF	OFF	8:00 a.m. - 12:00 p.m.	8:00 a.m. - 12:00 p.m.	9:00 p.m. - 12:00 p.m.
<b>VENUE / LOCATION</b>	Husky Track - UW	Alaska Airlines Arena, Marv Harshman Court, IMA - UW, Seattle U	Dempsey Indoor Center - UW	Kenmore Lanes - Kenmore	IMA Field - UW	Willows Run - Redmond	SPU Gymnasium - Seattle Pacific University	Meany Hall - UW	Seattle University Championship Field & Seattle U Park	Celebration Park - Federal Way	Angle Lake - SeaTac	King County Aquatic Center - Federal Way	Bill Quillian Tennis Stadium - UW	IMA Gym - UW